

Questions to ask your doctor about allergies

How do I know that it is an allergy?

Are there different types of allergies?

What symptoms should I look for?

Could this be a seasonal allergy?

Did I inherit allergies from my parents?

Can I take an over the counter medicine for my allergies?

I have a pet, could it be the cause of my allergies?

When will I feel better?

Are allergies and sinusitis the same?

Consider wearing a medical ID bracelet or carry a Medi-alert card in your wallet.

Visit MamasHealth.com for additional information

<http://www.MamasHealth.com/allergies/>



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