

## Questions to ask your doctor about allergy medication

What medicine should I take?

---

---

Is this medicine addictive?

---

---

How many times of day should I take this medication?

---

---

Can I take an over the counter medication?

---

---

Should I be concerned about allergic reactions to my medication?

---

---

Can I control my symptoms without medication?

---

---

Will this medication interrupt my sleeping pattern?

---

---

**Consider wearing a medical ID bracelet or carry a Medi-alert card in your wallet.**

Visit MamasHealth.com for additional information

<http://www.MamasHealth.com/allergies/>



**Simply Easy . Healthy You**

MamasHealth.com