

Caregivers' Concerns about Allergies

What triggers an allergy?

Should I change the diet of my loved one to prevent allergy outbreaks?

Could our pet be the cause of the allergy symptoms?

We have new carpet in our home. Should we be concerned with the chemicals from the material?

Should we be concerned about the type of laundry detergent we use?

I have never been diagnosed with an allergy, is it possible that I could catch it from my loved one?

When should I contact a physician during an allergic reaction?

Will an air filter help with my loved one's allergies?

I am interested in joining a support group for caregivers? Can you refer me to one?

Consider wearing a medical ID bracelet or carry a Medic-alert card in your wallet.

Visit [MamasHealth.com](http://www.MamasHealth.com) for additional information
<http://www.MamasHealth.com/allergies/>



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